

Prediction of aneurysm location based on pattern of bleed on CT scan

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Abstract

Introduction: Computed tomography (CT) is the “gold standard” for detecting subarachnoid hemorrhage (SAH) and digital subtraction angiography (DSA) for visualizing the vascular pathology. There is some correlation between the pattern (based on Fisher grading) and location of bleed on CT scan and eventual location of cerebral aneurysm(s). Our aim was to assess the correlation between distribution of hemorrhage on the initial CT scan and eventual site of the ruptured aneurysm at our institution.

Methods: This retrospective review of prospectively collected data consisted of 50 patients with SAH over 8 months period. CT scan of patients performed within 72 hours after the ictus with suspected SAH were included in the study. Four neurosurgeons, who had at least three years of experience after being qualified, who were blind to the imaging studies, analyzed and scored independently the quantity and distribution of the hemorrhage on CT. Their prediction of the site of the ruptured aneurysm was recorded and this was correlated with the CT angiography (CTA) and/or DSA findings.

Results: Overall accuracy of prediction was 71.6 % (68.2-75%). Parenchymal cerebral hematoma was an excellent predictor for the site of a ruptured aneurysm but was present in only a few cases (16%). The next valid predictor was blood distribution on CT for ruptured anterior communicating artery (ACom) and middle cerebral artery (MCA) aneurysms (89.4% and 85% respectively). Pattern of blood on CT together with CTA/DSA findings was found to be reliable for identifying the ruptured aneurysm in patients with multiple aneurysms in all cases.

Conclusion: The quantity and pattern of the blood on CT is a fairly reliable and quick tool for locating a ruptured MCA or ACom aneurysms. It is not, however, reliable for locating other ruptured aneurysms.

Keywords: Aneurysm; Computed Tomography; Digital Subtraction Angiography; Prediction; Subarachnoid Hemorrhage

Introduction

Aneurysmal subarachnoid hemorrhage (aSAH) is a devastating condition with high rates of morbidity and mortality. Worldwide, the incidence of SAH has remain stable over the last 30 years, at around 6/100 000 patients/year, but in Finland and Japan the incidence is much greater,

(up to 20/100 000).¹ The rupture of intracranial aneurysm (IA) is the cause of non-traumatic SAH in over 80% of cases.¹⁻³ Immediate diagnosis and early identification of the rupture is vital in the surviving patients so that prompt definitive treatment can be carried out to prevent the risk of re-bleeding, a major cause of mortality.

Diagnosis is based on the presence of hyperdense extravasated blood in the subarachnoid cisterns on high-resolution cranial CT scan images or presence of xanthochromia of cerebrospinal fluid obtained by lumbar puncture in CT negative patients.⁴ Digital subtraction angiography (DSA) is still the gold standard for detection of ruptured intracranial aneurysms, offering both morphological and dynamic information.⁴ Multi-detector CT angiography (CTA) is nowadays an alternative to DSA as a first imaging modality in localizing the aneurysm.^{3,5} CTA can be performed immediately after routine non-contrast CT. It is an accurate, fast and less invasive technology. The important advantage of CTA is the unique opportunity to reconstruct angiography images in various angles and planes. Magnetic resonance angiography (MRA) with 3D time of flight sequence (3DTOF) is also a non-invasive method without radiation for detecting IAs but is less often done due to longer time duration required to obtain the image.⁶

The sensitivity of CTA in detecting a single ruptured aneurysm is above 95%. However, in multiple aneurysms, the diagnostic value of angiographic features for the ruptured aneurysm has not been established yet. The distribution of hemorrhage, based on the initial CT, predicts the location of an aneurysm in over 80% of cases.⁷⁻⁹ It may be possible to determine the site of the ruptured aneurysm in case of multiple aneurysms based on the distribution of blood on the initial CT, but sensitivity in those studies varied widely from 45%¹⁰ to 86%.¹¹ The prediction of the site of an aneurysm has been reported with contradictory results in cases of both single aneurysms and multiple aneurysms by others.¹⁰⁻¹³

In patients with multiple aneurysms that cannot be clipped in one surgical session, rapid, accurate identification of the ruptured aneurysm is important.^{14, 15} Inaccurate determination of the site of the ruptured aneurysm may result in clipping of the wrong aneurysm. It has been reported that postoperative re-bleeding is usually due to a misinterpretation of the location of the ruptured aneurysm in the presence of multiple aneurysms.^{12, 13} In such cases, the radiologist should focus to the area of interest in the brain while doing DSA. This will not only shorten the angiographic procedure but also increase the diagnostic yield.^{14, 16, 17}

Tryfonidis et al⁷ and Karttunen et al¹⁸ showed that the correlation between the distribution of hemorrhage and the location of the aneurysm was over 80%. Tryfonidis et al⁷ also showed that in all cases of multiple aneurysms the ruptured lesion was correctly localized. This study was carried out to assess whether a combination of a variety

of radio-anatomical features on non-contrast CT scans can successfully predict the location of the ruptured aneurysm in all patterns of SAH.

Methods

This was the retrospective review of prospectively collected data in a high-volume aneurysm surgery center in Nepal (>35 aneurysms clipped /year for last 3 years). The study was carried out after obtaining approval from the Institutional Review Committee of the Institute of Medicine. The study population consisted of 50 patients admitted with the diagnosis of spontaneous SAH in eight months (October 2017 to May 2018) in the department of Neurosurgery at Tribhuvan University Teaching Hospital. Patients above 16 years of age with spontaneous SAH and those with plain CT scan performed within 72 hours after the ictus were included in the study. Those with traumatic SAH were excluded. The diagnosis was confirmed by CT (128 slice, Siemens, 5mm slice) on admission. All patients underwent an initial cerebral CT angiography and DSA was performed in selected cases when the information obtained from CTA was not adequate. DSA was carried out by using Philips FD 20 angio-suite in all cases. This ensured a uniform level of quality and expertise in all cases. For our study, the CT angiogram and DSA findings were reviewed by the radiologists who were unaware of the initial CT findings.

Fifty-five patients with SAH were admitted in the study period. Five patients were excluded (3 refused further investigations and 2 died before further procedures). Four neurosurgeons (raters) were included in the study for the analysis of the findings of the plain CT scan and they independently predicted the location of the aneurysm before they had the opportunity to see the angiographic findings. This was separately recorded by one of the authors (BR) who was not involved in the prediction. The location of aneurysm was considered final based on the findings on CT angiogram or DSA.

The reviewer looked for and identified various radio-anatomical features of SAH such as pattern of bleed (e.g., predominant site and location near major vessel bifurcation), presence of intraparenchymal or intraventricular hematoma, distribution of blood in different cisterns and fissures, presence of aneurysm contour if any, and associated hydrocephalus (Table 1). Following careful analysis of the findings and by considering all radio-anatomical features in each case, the reviewers predicted the location of the ruptured aneurysm. This was then compared with the angiogram report. Multiple aneurysms were analyzed separately.

Table 1 Features identified on CT Scans

Distribution of subarachnoid blood/hematoma
Predominant site
Left or right
Basal cisterns or convex surface
Anterior or posterior
Location near major vessel bifurcation
Presence and location of parenchymal hematoma (high attenuation) +/- infarct (low attenuation)
Presence and location of aneurysm contour
Presence of hydrocephalus

A database was then created in SPSS for Mac 24 (SPSS Inc., Chicago, IL) containing all the earlier-mentioned information and statistical analysis was performed. This included chi-squared test to establish whether the identification of an aneurysm on CT scan images is associated with correct identification of the ruptured aneurysm. We also calculated the sensitivity and positive predictive value (PPV) of CT for the site of rupture.

Results

Mean age of the patients in our study was 58 + 12 years and range was from 38 to 85 years. There was a predilection for female sex. (M: F = 1:2). Most of the patients were of Fisher grade 3 and World Federation of Neurosurgical Societies (WFNS) scale 1 (Table 2, 3). Angiogram was positive for aneurysm in 90% of the patients. Time interval between SAH and CT was less than 24 hours in 80%.

Table 2. Fisher Grade of SAH Patients

Fisher Grade	
1	0
2	9 (18%)
3	31 (62%)
4	10 (20%)

WFNS Scale	
1	36(72%)
2	7 (14%)
3	2 (4%)
4	2 (4%)
5	3 (6%)

Table 3. WFNS Scale of SAH Patients

In five cases angiography revealed no aneurysms, indicating a diagnosis of “non-aneurysmal SAH,” otherwise called “peri-mesencephalic SAH,” in which no definite source of bleeding can be found and the treatment is conservative. Anterior Communicating Artery Complex was the most common involved (38%) followed by Middle Cerebral Artery (20%). (Table 4) 3.

Table 4 Distribution of aneurysms

Types of aneurysms	Number of patients
Anterior Communicating Artery Complex	19 (38%)
Middle Cerebral Artery	10 (20%)
Right	6 (12%)
Left	4 (8%)
PCOM Artery	6 (12%)
Right	3 (6%)
Left	3 (6%)
Terminal ICA (Right)	1 (2%)
Posterior Circulation	3 (6%)
Basilar	1 (2%)
Posterior Cerebral Artery (Right)	1 (2%)
Posterior Inferior Cerebellar Artery(left)	1 (2%)
Peri-mesencephalic (PM)	5 (10%)
Multiple	6 (12%)

Multiple aneurysms were present in 6 patients (12 %). Distribution of aneurysms in multiple aneurysms (14 aneurysms in 6 patients) were as follow:

1. Right ICA and left PCom -1
2. Bilateral MCA and left A1 - 1
3. Right Supra-clinoidal and left PCom -1
4. Bilateral MCA and left PCom -1
5. Bilateral MCA – 2

Considering all the aneurysms (excluding peri-mesencephalic ones) including those in multiple also, total numbers of aneurysms were 53 aneurysms in 45 patients. MCA aneurysms were 16 (30%), ACom 20 (37%), ICA 3 (5%) and PCom 9 (16%). Of 45 patients in which aneurysm were detected, 40 patients were operated. Overall prediction rate (Average of all 4 raters) was 71.6 % (68.2-75%) for all the aneurysms (excluding multiple ones) but rate was higher for the ruptured ACom Complex and MCA aneurysms.

Table 5. Diagnostic power of prediction of aneurysms by 4 different raters in patients with single aneurysm

Site by CT Angio	Rater 1		Rater 2		Rater 3		Rater 4		Sensitivity%	PPV
	Sen	PPV	Sen	PPV	Sen	PPV	Sen	PPV		
ACom	89.4	100	94.7	81.8	84.2	94.1	89.4	77.2	89.4	87.1
Right MCA	83.3	62.5	100	75	100	54.4	66.7	66.7	87.5	63.6
Left MCA	100	80	50	50	75	75	100	80	81.25	72.2
Right PCom	66.7	100	33.3	100	33.3	100	33.3	100	41.6	100
Left PCom	33.3	100	33.3	50	33.3	50	33.3	100	33.33	66.6
ICA	100	25	100	33	100	100	0	0	75	23
Posterior	33	33	0	0	66.7	50	33	100	33.3	44.4
PM	40	50	20	33	60	75	40	66	40	57.1

ACom: Anterior Communicating, MCA: Middle cerebral artery, PCom: Posterior Communicating, ICA: Internal Carotid Artery, PM: Peri-mesencephalic, Post: Posterior Circulation, Sen: Sensitivity

Nineteen ACom aneurysms were identified by CT Angiogram and DSA as a single aneurysm. (Figure 1) Prediction rate (sensitivity) of ACom aneurysms (Table 5) were 89.4%, 94.7%, 84.2% and 89.4% for 4 different raters and positive predictive values for ACom aneurysm were 100%, 77.2%, 94.1% and 77.2%. Overall prediction rate for ACom Aneurysm was 89.4%. In 12 cases only, the correctly ruptured aneurysm was same for all 4 raters but at least 3 raters were correct in almost all cases of ACom Aneurysm (18/19).

Prediction proved to be correct in a high proportion of patients with MCA aneurysms. Overall prediction rate for this location was 85% and for right and left MCA side, it was 87.5 and 81.25% respectively. All 4 raters agreed in four out of six right MCA. Similarly, prediction rate for left sided MCA aneurysm was also good (81.25%). Prediction rate of individual rater were 100%, 50%, 75% and 100%.

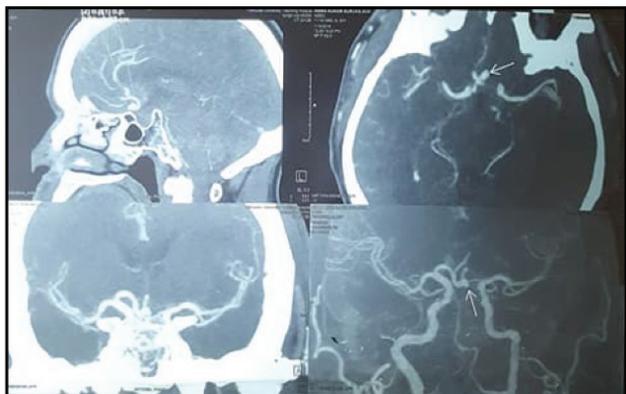


Figure 1 A

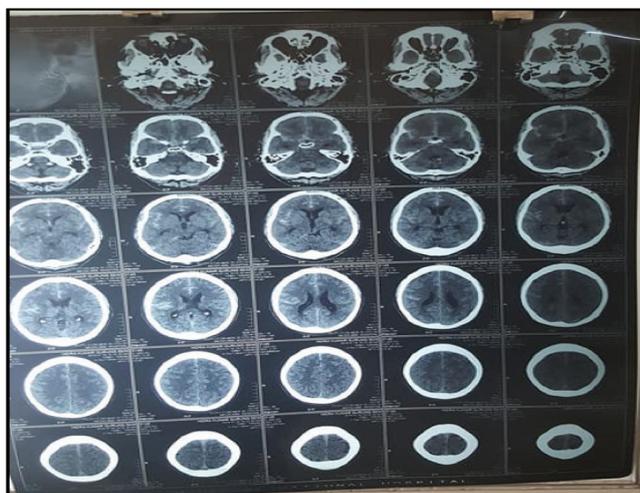


Figure 1 B

Figure 1. 50-year male with WFNS 1 who underwent clipping on 4th day of ictus. A: Plain CT head showing diffuse SAH. B: CT angiogram showed ACom aneurysm. All 4 raters predicted ACom aneurysm correctly.

The sensitivity of prediction was not satisfactory for other aneurysms. For PCom aneurysms it was only 41.6% and 33.3% for right and left sides aneurysms (Overall 37.5%). 3 raters correctly identified the left ICA aneurysm bleed but there was only one case of ICA aneurysm in our series. Only one rater identified the ruptured basilar and PCA aneurysm whereas none of the raters identified the PICA aneurysm bleed. But only 1 case of each of basilar, PCA and PICA aneurysm were present in our series (Figure 2). Non-aneurysmal SAH was predicted only in two patients by rater 1, in one patient by rater 2, in 3 patients by rater 3 and only in 2 patients by rater 4. (Overall prediction rate only 40%). In many patients with a non-aneurysmal hemorrhage, a ruptured ACom or MCA was predicted to have caused the bleed.

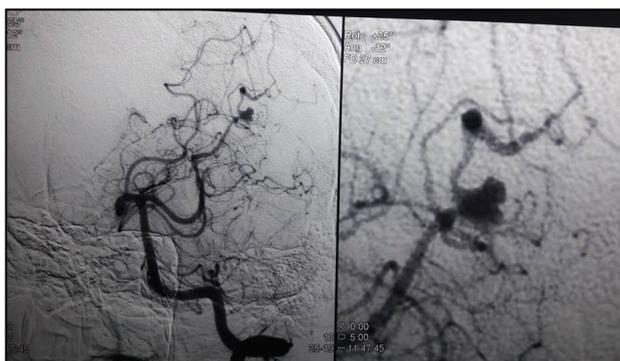
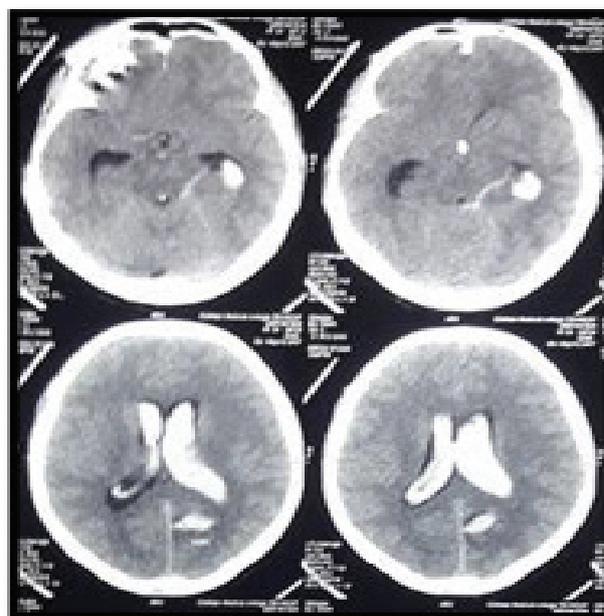


Figure 2 28 years/male presented with severe headache. A: CT scan showing blood in lateral and 4th ventricle and parietooccipital region; only one rater predicted the rupture of PCA aneurysm B. DSA showed P4 segment aneurysm bleed who underwent clipping on 16th day

In 6 patients (12%), CTA or DSA showed more than one aneurysm. In 4 cases there were 2 and in 2 cases there were 3 aneurysms. An aneurysm was chosen for the operation on the basis of the distribution of the hemorrhage on the initial CT, the irregularity of the outline of the aneurysm, visible aneurysm contour or the existence of the daughter sack of the aneurysm. The neurosurgeon confirmed at operation that the chosen aneurysm was the ruptured one in each patient. In our series there was not a single instance of an unruptured aneurysm operated on instead of the ruptured one, taking the neurosurgeon's opinion as the "gold standard". There were no features on the CT scans to indicate the presence of the remaining non-ruptured aneurysms.

Parenchymal cerebral hematoma had always occurred in the immediate proximity of the site of rupture but this was present only in 16% of the patients (8 cases) and was excellent predictor of the ruptured site of aneurysm (Overall accuracy 95%). Presence of ventricular blood and hydrocephalus were not associated with correct localization of the ruptured aneurysm in our series.

Discussion

Our findings suggest that with careful analysis by experienced neurosurgeons and good knowledge of radio-anatomical features on CT scans may be a valuable localizing aid for the ruptured aneurysm in SAH. This would be of particular significance in the presence of multiple intracranial aneurysms.

All 4 neurosurgeons estimated the quantity and distribution of the cisternal and intraventricular hemorrhage. However, the method has some drawbacks because of anatomical and technical reasons. The small amount of SAH in the subarachnoid spaces lying next to the skull base may be misread because the slice thickness of CT causes a partial volume effect. The subarachnoid spaces vary in size between patients of different ages, so that the absolute amount of hemorrhage is difficult to estimate. Also, the calcified falx in the interhemispheric fissure may cause difficulties in grading the SAH. Because of these factors, the general visual impression of the amount and distribution of the hemorrhage has a major influence on the final determination of the location of the ruptured aneurysm.

The distribution of aneurysms varies in different reports.^{7, 16, 18} In this study, 37% of the aneurysms were on the ACom complex, 30% on the MCA artery, 16% on the PCom artery and 30% on the other of intracerebral arteries and in 5 patients out of 50, aneurysm was not detected which correlates to these reports. Posterior circulation aneurysms were seen in 11% of the total aneurysms. Other distributions have been reported^{19, 20}. The higher proportion of MCA aneurysms situated on the right side (56%) versus the left side (44%) that we found is comparable to the report of van der Jagt¹⁶. The reason for this site difference is unknown. Multiple aneurysms were analyzed separately. Considering patients with single aneurysm only, 19 out of 50 SAH patients (38%) had ACom, 20% had MCA and 12 % had PCom aneurysms.

In general, the sensitivity and positive predictive value of CT for the prediction of the site of the ruptured aneurysm in patients with aneurysmal SAH varies widely in other studies (sensitivity from 45% to 90% and positive predictive value from 70% to 100%).^{7, 16, 18} In our study, the sensitivity of

CT for the prediction of the site of a ruptured aneurysm depends on the location of the aneurysm. Differentiation by the location of an aneurysm was done in three other studies.^{8, 16, 18}. Sensitivity of predicting ACom and MCA aneurysms were more than 80% in our study whereas sensitivity was low for other aneurysms. The sensitivity and PPV were almost similar among four neurosurgeons suggesting prediction pattern was similar among the well-trained neurosurgeons. Inter-rater reliability was 0.787 among 4 raters for prediction of aneurysm. The sensitivity values in these studies are similar or higher than they are in our study.

Multiple aneurysms were analyzed separately in our study. In 6 patients out of total 50 SAH patients, multiple aneurysms were seen and were operated on the basis of CT, CTA and/or DSA. In all 6 patients, the ruptured aneurysm was identified correctly. This number is too small to draw a meaningful conclusion. However, this strongly suggests that CT is of value in predicting the ruptured one in multiple aneurysms. This corroborates with the study by Tryfonidis et al⁷ where the ruptured lesion was correctly localized in multiple aneurysms.

In this study, the initial CT proved to be a reliable method for locating ruptured MCA and ACom aneurysms on the basis of the quantity and distribution of SAH. In our small series, we found a strong correlation between predicted and actual ruptured aneurysms. This exceptionally good correlation compared to the previously published reports could be due to small sample size.

SAH associated with parenchymal hematoma (present in only 16% of cases) had excellent predictability in our study (95% sensitivity). This finding is consistent with previous studies which consistently report the predictability to be more than 90%.^{1, 16, 18} Van der Jagt et al¹⁶ concluded that the distribution of hemorrhage predicts the location of the aneurysm in over 80% of cases.^{7,8,9}

As per our findings when an MCA aneurysm bleeds towards the central part of the brain or an ACom aneurysm bleeds towards the lateral parts, there is a possibility of misinterpretation of the location of the ruptured aneurysm, as one or the other neurosurgeons did in 8 instances of ACom and MCA aneurysm rupture.

This is a single center study and has certain limitations. Number of neurosurgeons involved in prediction was heterogenous in terms of years of experience in vascular neurosurgery. In addition, the numbers of predicted ruptured aneurysms were also small.

Conclusion

Prediction of presumed site of rupture of aneurysm is very helpful in decision making especially in patients with multiple aneurysms. Plain CT of head is a reliable tool for prediction of ruptured ACom complex and MCA aneurysms. The accuracy of prediction increases when there is associated parenchymal hematoma. CT is not reliable in the prediction of aneurysms in the other locations. A large nationwide study involving neurosurgeons from various centers is recommended to further define the role of plain CT of head in predicting the presumed site of ruptured aneurysm.

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